

Women's



Breakfast

Dare to care – a better me...

Bring a friend and come enjoy a relaxed morning of friendship, food and inspirational guest speakers like awareness creator Cindy Pivacic from AID My Journey-Support.

Date: 1 August 2013
Time: 8 for 8:30am – 10:30am
Venue: Augusta Country Estate, Hillcrest
Price: R220 per person

RSVP by 18 July 2013 to Karin on karinvanniekerk01@gmail.com or 082 457 3476.

Other speakers include motivational speakers Rachelle Baxter and Antoinette Zeelie.

See next page for more details...



Cindy Pivacic



One of the most positive (pun intended) people you will ever meet. After two failed marriages and a disastrous relationship, Cindy contracted the HI virus at the very late age of 46.

“It’s not a depressing story of my life, but rather a celebration and insight into how to survive living with HIV & AIDS.”

Cindy’s book, *The Deadly Seducer*, will be on sale at the event.

Rachelle Baxter

Rachelle walked an inspiring journey of transformation which started nine years ago. Once weighing in at 120kg, now a fitness instructor assisting others on their road to weight loss, health and wellness.

Antoinette Zeelie

Antoinette addressed personal health issues with great success and enhanced her quality of life through applying a few guiding principals. She’ll be covering issues such as hormonal health, energy, cancer, heart health and emotional health. After all, health is your greatest wealth.

Don’t miss out. Confirm your seat now! Herewith the *banking details*:

FNB, Account Name: AID My Journey-Support, Account Number: 6233 080 2712, Branch Code: 250655, Cheque Account (non-profit), **Ref: WWB_Your name & Surname**

Please remember to confirm your payment with an email to karinvanniekerk01@gmail.com

Proceeds go towards national HIV awareness and skills development projects for individuals living with HIV & AIDS .